



Together For Kids and Families

## **Child Care Health Consultation Work Group Meeting Summary Wednesday, October 29, 2014**

### **Welcome & Introductions**

- Present: Tiffany Mullison, Carol Tucker, Gina Egenberger, Renae Rief., Jason Kerkman
- On the phone: Dawn Hove, Peggy Pelish, Julie Rother, Peggy, Hart., Ann Tripp

### **Review Meeting Minutes from August 27, 2014**

- The Meeting Summary was accepted as presented.

### **ECCS Update**

- Toxic Stress Steering Committee continues to meet monthly – change in grant focus – convening steering committee on toxic stress. Dr. Gina DiRenzo-Coffey is representing the American Academy of Pediatrics, Nebraska chapter. In November, the Steering Committee will complete a SWOT analysis.
- TFKF website pages under revision – being updated; will include meeting minutes, toxic stress information links
- Diane Kvasnicka stepping down as Co-Chair of the CCHC work group - Gina & Renae are the new Co-Chairs, joining Carol.

### **Guided Learning** – Ann Tripp and Students, Creighton College of Nursing – What Directors, Early Care Staff, and Parents want & How Creighton Students are delivering CCHC services

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| <ul style="list-style-type: none"><li>• 12 senior student nurses – did the survey project.</li><li>• Went into child care centers at request of the Child Care Directors</li><li>• Worked with Thelma and developed a collaborative of 4-5 Child Care Centers to have student nurses provide health teaching and promotion – what were needs of CCC's and how can student nurses provide these needs.</li><li>• Creighton Dean Ellie Howells supported proposal and pitched a program for Jr &amp; Sr. student nurses as well as student APRN's and med</li></ul> | <ul style="list-style-type: none"><li>• students would participate in program. Possible funding available.</li><li>• Lobby legislature for funding PH RN as a CCHC to centers that serve families in impoverished areas across the state.</li><li>• Surveyed CCC's to see what health needs were.</li><li>• Power point presentation by Creighton student nurses:<ul style="list-style-type: none"><li>○ Kidz of the Future CCC</li><li>○ Gave surveys to parents and gave incentive of toy for child if survey returned<ul style="list-style-type: none"><li>▪ Stranger-danger</li></ul></li></ul></li></ul> |
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- Bullying
    - Hand-washing
    - Behavior issues
  - Little Hearts
    - First aid/CPR
    - Hygiene, bed bugs
    - Nutrition, activity, healthy weight
    - Immunization for adults
    - Disease prevention
  - Precious Memories
    - Illness prevention
    - Hand-washing
    - Stranger danger
    - Health screenings
- Parents Survey
  - Health teaching for children
    - Bullying prevention
    - Hand-washing
  - First aid/common illnesses
- Staff surveys
  - Nutrition
  - Child safety
  - Food allergies
  - Med administration
  - First aid
- Summary
  - CCHC would benefit all health needs of staff, children & families
  - Any resources would be helpful
  - Didn't always know how to teach
- parents/children/staff about health issues
  - Provided binder of information with such things as:
    - Immunizations
    - Bed bugs
    - Childhood illnesses – asthma, ear infections, runny noses
    - Community resources
- Institute for Health Improvement – National resources of educational information
  - “I Can” Program
    - Leadership skills to students to help them start programs to help disseminate health information in the community and teaches the students leadership skills
    - Possible funding source
    - 2015 Spring semester?
      - Nurses in child care center
      - What changes need to be made
      - Help make student nurses aware of child care health needs

## Finalize Current Work Plan

- Further develop the Action Steps – CCHC could look different from community to community depending on what staff is available such as an RN, Student Nurses, Health
- Incorporate recommendations for work group specific project – identify project[s]
  - Add “MCAH Title V grantees” to 10.1 Activities

## Updates & Sharing

- PEP Manual – review Table of Contents and recruit members to review relevant sections
  - Are sections clear, in need of additional references, and achievable for providers?
  - Child Care Weather Watch
  - Walking Field Trip Guide
  - Matching PEP with State Rules & Regs
  - Breast feeding
  - Are these goals achievable?
  - Will it only be for Douglas County or can the references/contact information be changed to other LPHD?
    - LLCHD added a cover letter to clarify they were the reference for consumers in their area.
    - Online version – can it be linked to the LPHD?
    - NE DHHS contact information?
  - Ann Tripp - need child care providers as a part of reviewing/critiquing the PEP Manual. Teach Child Care Centers providers how to do head-to-toe assessment when determining when a child needs to be excluded or can stay at the Child Care Centers.
  - Pat & Rita in Licensing will be reviewing
  - Gina – online Model Health Care Policies from AAP – very extensive, some of the wording is similar to the PEP manual – topics include nutrition, food handling, feeding – extensive guidelines; physical activities; screen time; weather & clothing; outdoor play; safe sleep policies, labeling, cleaning of equipment; hand hygiene; potty chairs – discouraged in child care – need specific cleaning standards; environmental health – plastics, art supplies, air quality, noise; transportation, even walking field trips. Gina will send a link to this manual.
  - Peggy Pelish – expand PEP manual with information from AAP document rather than start from scratch.
  - Gina – security – has changed over the last 10 decades and now includes secure entries, etc.
  - Peggy will review the areas of physical exam.
  - Jackie Moline – infant areas
  - Holly – E17
  - Jason – H 23
  - Carol – E-27
  - Julie – whatever is needed
  - Ann – whatever is needed C-1, C-3
  - Ratio – dictated by licensing
  - Emergency Plan – Gina
  - Staff policies – Dawn
  - Food Handler, Health & Hygiene – Renae

- Look for any missing pieces
- Have reviews done by December 17, 2014 – next CCHC meeting
- Ann – National Association of the Education of Young Children a good resource.
- ECICC Report to the Governor – Public Hearing on October 16 did not result in any changes to the Report.
  - Ann - Recommend Legislative study for need of CCHC positions
    - Where would funding come from?
    - Families who most need a CCHC cannot afford to pay for these services
  - Tiffany - Public Hearing in October 2014 went well, no opposition
    - Will be presented after elections
    - The report is being prepared by First Five Nebraska

### **Next Meeting**

- December 17 – note date change

### **Meeting Schedule for 2015**

- Those present agreed to the following schedule: February 25, April 22, June 24, August 26, October 28, December 16 – meeting the 4<sup>th</sup> Wednesday of the month, 1:30-3:30pm.
- Tiffany will reserve 5B in the State Office Building – visitors to the building will be greeted at the 5<sup>th</sup> floor elevators to gain entrance.